

The Living Your Strengths Workshop

Discover Your Strength and Live Your Calling



Living in Your Sweet Spot

*"Golfers understand the term. So do tennis players. Ever swung a baseball bat or paddled a Ping-Pong ball? If so, you know the oh-so-nice feel of the sweet spot. Connect with these prime inches of real estate and kapow! ... **Life in the sweet spot rolls like a downhill side of a downwind bike ride.**"¹*

Regretfully, the vast majority of us do not enjoy **life in the sweet spot**. According to Gallup research up to 87% of those surveyed do not believe that they **consistently** have an opportunity to be the best they can be and do what they love to do most. The desire of our Heavenly Father is **that we may have life and have it more abundantly**. The workshop objective is to help motivated individuals to live in their sweet spot abundantly.

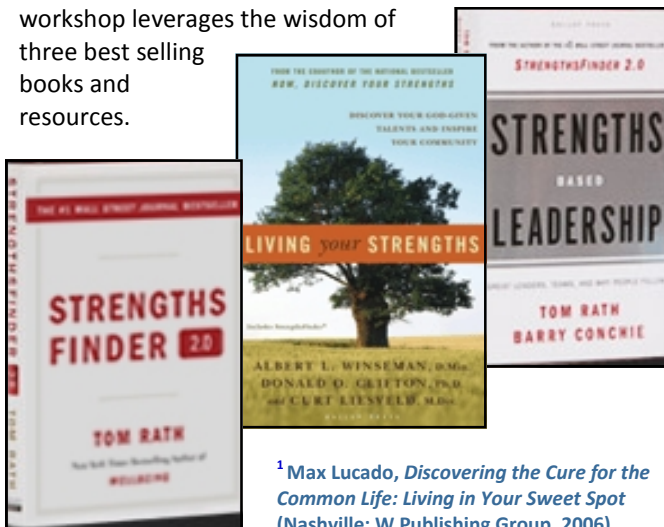
Is This for You?

This workshop could be for you if you agree with some of the following statements:

- I do not consistently have the opportunity to be my best and do what I love to do most.
- I cannot clearly articulate my strengths and relate them to my work or life priorities.
- I am not sure how my talents relate to my skills, knowledge, and experience.
- Stewardship of my God given talent is important to me.
- I place high value on team effectiveness.
- I would like to help myself and others focus our lives to become more effective and fulfilled.

Workshop Content

With strong Biblical foundations and supported by the science of strength psychology and more than fifty years of research by Dr. Donald Clifton, this workshop leverages the wisdom of three best selling books and resources.



¹Max Lucado, *Discovering the Cure for the Common Life: Living in Your Sweet Spot* (Nashville: W Publishing Group, 2006),

"We found the workshop most affirming and empowering: it affirms the gifts and talents God entrusted to us, combined with the strengths with which we are born; it empowers us to pursue and to focus on what we are good at for God's glory with confidence. After taking this workshop as a couple we have had deeper communication about how we could spur each other on to partner with God as we strive to maximize our strengths in our daily activities."

Dr. Andrew Lau. and Mrs. Libby Lau

Learning Outcomes

This is a participatory interactive workshop. **The more you put into it the more you get out of it.** With a well proven process we will guide you as you:

- Learn how to identify your God given talents
- Understand the difference and interdependencies between talents, skill, knowledge and spiritual gifts.
- Define, articulate, and clearly communicate your top character strengths
- Validate your strengths by historical review and the affirmation of friends and peers
- Understand how skills and knowledge can enhance your strengths and effectiveness
- Create a process to define your passion and identify clear targets for your life calling
- Develop a personal model of talent stewardship
- Learn the power of effective delegation
- Understand how you can collaborate with the important and teachable people in your life
- Develop a model for effective team building and a clear process to engage the right mix of strengths to achieve personal and corporate objectives and goals
- Learn how to see your life as a God honouring purpose driven project

Important Note:

The Living Your Strength Workshop is an Integrity+ Consulting fund raising instrument. In that:

1. **Integrity+ Consulting** donates its services and **100%** of any related fees or profit made from the sale of any products to the church.
2. **Workshop participants** are expected to:
 - Pay for the cost of workshop books or material
 - Make a free will donations to support the churches community Center Capital Campaign.

Workshop Structure

Starting with a simple online needs assessment survey you will define if this workshop is for you or not. The logical three part structure is aligned with your needs and time commitments. Part one is foundational for the other two parts as optional building blocks.

1. Discovering Your Strengths

More than 6.8 million people have taken the Gallup Strength Finder Survey. This scientifically based web tool will show your top five character themes. With this foundation and through self discovery, interactions, and the support of peers you will define your sweet spot.

2. Discovering Your Calling

Your calling is the place where your highest passion meets with your world's greatest needs. Your calling is the place where your roles are most fulfilling and your personal effectiveness is most pronounced. Once you know your strengths and sweet spot, your search for your calling is an exciting journey. The world is full of needs waiting for you to play your highest roles. By God's design you were created to play these roles. In a structured process you can seek and find the many options where you can find and enhance your calling.

Workshop Facilitators

BAHA HABASHY AND MARGARET HABASHY

For over thirty-five years they have partnered in life. Working with clients as large as IBM and as small as local charities, they collaborate in helping organizations, leaders, and individuals achieve greater effectiveness and find relief from stress in an overloaded world. They bring over 55 years of experience in organizational change, knowledge management, consulting, and coaching.



3. Living Your Calling Coaching

Athletes worldwide appreciate the critical role of effective coaching. The same applies to the game of life with its challenges and the opportunities for growth we face. While our lives may carry similar tones, your solutions must be shaped by your unique distinctive, strengths, and abilities.

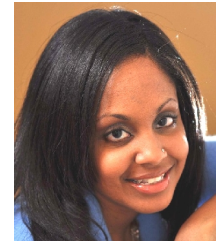
Our objective is to unlock your hidden strengths so you can be the best you can be without burning out.

Self Directed Coaching™ is a structured, trusting, purpose driven relationship. Stimulated by your coach, you uncover your hidden potential by using your unique strengths, talents, knowledge and relationships. In coaching you, our desire is that you learn to coach others. With God's help together we can have maximum impact for good.

"This workshop was revolutionary.

It has helped me to see myself as someone with a unique stamp that has a vital role to play in my home, my community, and my world. It also helps with my interactions with and expectations of others.

Knowing how our strengths can work together to achieve even bigger and better things with less stress is very exciting. I would recommend this workshop to everyone! I think this is how God created us and intended for us to live."



Mrs. Michelle White

The Journey Goes On

We live in a changing world. As long as you have a life you have a purpose. A purpose driven life is a well planned life. Having discovered your strengths and uncovered your calling you are ready to face your ever changing world.

The book, *Life Plans*, provides a simple practical structure to create comprehensive life plans that are easy to adapt to your changing world. With its tools and easy to personalize templates you can fulfill your calling and build the legacy you desire.

For More Information: [More?](#)

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